

Key Vocabulary Overview

crop	a plant that is grown for food
fruit	a part of a plant, containing seeds, that can sometimes be eaten
vegetable	a part of a plant that can be eaten as food
seed	a part of a plant that a new plant grows from
farmer	someone who runs a farm or works on it
plant	a living thing that usually grows in soil and usually has leaves, roots and a stem
cook	to heat food up so that it can be eaten

Fruits and Vegetables

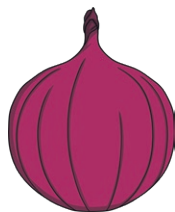
Fruits and **vegetables** come from different parts of **plants**.



apple
(fruit)



carrot
(root)



onion
(bulb)



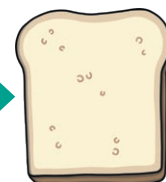
lettuce
(leaves)

Food From Plants

Some **plants** are made into other foods.



wheat



bread



soya
beans



soya milk
and tofu

Where Food Comes From



Farmers grow **crops** on farms. The food from these **crops** can then be sold in shops.



Some people grow their own **fruits** and **vegetables**.

Making Food

Some foods can be eaten raw.



Some foods need to be **cooked**.

