

# Physical Education Knowledge Organiser

## Year 6 Outdoor and adventurous Activities

**National Curriculum links:** To take part in outdoor and adventurous activity challenges both individually and within a team

Key values and vocabulary	Learning	Breakdown of skills/success criteria
<p><u>Values</u></p> <ul style="list-style-type: none"> <li>· Resilience</li> <li>· Problem-solving</li> <li>· Teamwork</li> <li>· Respect</li> <li>· Co-operation</li> <li>· Communication</li> </ul> <p><u>Vocabulary</u></p> <ul style="list-style-type: none"> <li>· orientation/orientate</li> <li>· trails</li> <li>· navigate</li> <li>· accuracy</li> <li>· communication</li> <li>· teamwork</li> <li>· responsibility</li> <li>· compass</li> <li>· control</li> <li>· trust</li> <li>· complex</li> </ul>	<p style="text-align: center;"><b>Previous learning</b></p> <p><i>In year 5, children will continue to develop specific skills and perform with consistency, accuracy, confidence and control.</i></p> <p><i>These skills will include:</i></p> <ul style="list-style-type: none"> <li>· Knowing how to keep the map 'set' or 'orientated' when they move around a simple course.</li> <li>· Know the eight points of a compass</li> <li>· Record information accurately at the control markers.</li> <li>· Navigate to a control marker on a score event course.</li> </ul> <p style="text-align: center;"><b>Year 6 learning</b></p> <p><i>In year 6, children will continue to develop specific skills and perform them with consistency, accuracy, confidence, control and speed.</i></p> <p><i>These skills will include:</i></p> <ul style="list-style-type: none"> <li>· To set a map using a compass</li> <li>· To practice and refine thumbing the set map</li> <li>· To set a direction of travel from the map using a compass.</li> <li>· To follow instructions in order to complete an orienteering course.</li> </ul>	<p><u>Aim and success criteria for year 6 outdoor and adventurous activities</u></p> <ul style="list-style-type: none"> <li>· Children will take part in more complex orienteering events.</li> <li>· They will learn how to read maps more accurately and to adapt their skills to meet challenges set in new environments.</li> <li>· They will research and undertake a journey safely and will develop the skills and understanding to become more self-reliant.</li> <li>· Children will also take on more demanding leadership roles and will learn how to take the initiative more often.</li> </ul>
<p style="text-align: center;"><b>Key knowledge</b></p>	<p style="text-align: center;"><b>Future learning</b></p>	
<p><i>Children need to understand how to take part in different competitive orienteering activities.</i></p>	<p><b>Secondary school outdoor and adventurous curriculum</b></p> <p><i>To take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group</i></p>	

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*Supporting re sources*