

Physical Education Knowledge Organiser

Year 6 Invasion Games

National Curriculum links: To use running, jumping, throwing and catching in isolation and in combination To play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending

Key values and vocabulary	Learning	Breakdown of skills/success criteria
<p><u>Values</u></p> <ul style="list-style-type: none"> · Respect · Co-operation · Teamwork <p><u>Vocabulary</u></p> <ul style="list-style-type: none"> · accuracy · technique · invasion · apace · attacking · outwit · tactics · skills · strategies · territory · consistency · dribbling · receive · opposition 	<p style="text-align: center;">Previous learning</p> <p>In year 5, children will continue to develop sport specific skills and perform them with consistency, accuracy, confidence and control.</p> <p>The lessons will focus on the following skills:</p> <ul style="list-style-type: none"> · running · dodging · a range of passing · shooting · catching · kicking · dribbling a ball <p style="text-align: center;">Year 6 learning</p> <p>In year 6, children will continue to develop sport specific skills and perform them with consistency, accuracy, confidence, control and speed.</p> <p>The skills they will focus on are:</p> <ul style="list-style-type: none"> · running · dodging · a range of passes · shooting · catching · kicking · dribbling · receiving passes 	<p><u>Aim and success criteria of invasion games for year 6</u></p> <ul style="list-style-type: none"> · Children will learn how to improve their defending and attacking play. · In all games activities, children will think about how to use skills, strategies and tactics to outwit the opposition. · In invasion games, they will enter their opponent's territory with the ball and try to get into good positions for shooting or reaching the goal. <p><u>Skills breakdown for invasion games</u></p> <p>Running</p> <ul style="list-style-type: none"> · Definite flight phase · Stride length at max · Complete extension of support leg · Arms bent at 90 degrees and swing back and forwards in opposition to legs · Non-support knee bends 90 degrees <p>Throwing (overarm)</p> <ul style="list-style-type: none"> · Arm is swung backward in preparation · Opposite arm is raised for balance/direction · Weight transfers from back foot to front foot, with a step with foot opposite to throwing arm. · Definite turning of the body through legs, hips and shoulders.

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Key knowledge	Future learning	Catching
<p>Children need to learn about attacking and defending tactics.</p> <ul style="list-style-type: none"> To use a range of passes To get away from a defender to receive a pass. To pass ahead of supporting players. To send the ball wide and/or deep to supporting players To close down space and intercept passes. 	<p>Secondary school games curriculum</p> <p>To take part in competitive sports and activities.</p> <p>To use a range of tactics and strategies to overcome opponents in direct competition through team and individual games [for example, badminton, basketball, cricket, football, hockey, netball, rounders, rugby and tennis]</p>	<ul style="list-style-type: none"> Body moves directly in path of the ball Eyes follow the ball into hands Arms "give" on contact to absorb the force of the ball Arms adjust to flight of the ball Hands grasp ball in well-timed motion <p>Bouncing a ball</p> <ul style="list-style-type: none"> Ball held at waist height Ball pushed down to ground, following through with arm, wrist and fingers Relaxed fingertips control the bounce Can control the height of the bounce consistently <p>Kicking</p> <ul style="list-style-type: none"> Arms swing in opposition during kicking action Eyes focused on the ball Non-kicking foot placed beside ball During backswing of leg, knee bent at least 90 degrees Contact the ball with top of foot Follow through high towards target

Supporting resources

Running



Overarm throw



Catching



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Bouncing a ball



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Kicking



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