

Physical Education Knowledge Organiser

Years 5 & 6 Striking and Fielding

National Curriculum links: To be able to use running, jumping, throwing and catching in isolation and in combination.
To be able to play competitive games, modified where appropriate [for example, cricket and rounders].

Key values and vocabulary	Learning	Breakdown of skills/success criteria
<p><u>Values</u></p> <ul style="list-style-type: none"> · Encouragement · Decision Making · Evaluation <p><u>Vocabulary</u></p> <ul style="list-style-type: none"> · hit/strike · bowl · field · retrieve · consistency · accuracy · confidence · control · technique · tactics 	<p style="text-align: center;">Previous Learning</p> <p>In years 3 and 4, children will master most fundamental movement skills from KS1 and start to develop sport specific skills and perform them with some consistency and accuracy.</p> <p>The skills they will aim to develop are;</p> <ul style="list-style-type: none"> · bowling underarm · striking a bowl off a tee · perform a straight drive · catching a ball and · fielding a ball and return it quickly <p style="text-align: center;">Years 5 & 6 Learning</p> <p>In years 5 and 6, children will continue to develop sport specific skills and perform them with consistency, accuracy, confidence and control.</p> <p>The skills they will aim to develop are;</p> <ul style="list-style-type: none"> · bowling underarm · striking a ball off a tee · striking a bowled ball and · fielding a ball and throwing it back overarm (distance). 	<p><u>Aim and success criteria of striking and fielding for years 5 and 6</u></p> <ul style="list-style-type: none"> · Children will develop the range and quality of their skills and understanding. · They learn how to play the different roles of bowler, backstop, fielder and batter. · Children will focus on developing their technique and using a wider range of shots, working in larger teams for some of the time. They will concentrate on developing their bowling technique and using tactics as a fielding team. <p><u>Breakdown of skills for striking and fielding</u></p> <p><u>Breakdown of skills for striking and fielding</u></p> <p><u>Running</u></p> <ul style="list-style-type: none"> · Definite flight phase · Stride length at max · Complete extension of support leg · Arms bent at 90 degrees and swing back and forwards in opposition to legs · Non-support knee bends 90 degrees
<p style="text-align: center;">Key Knowledge</p>	<p style="text-align: center;">Future Learning</p>	<p><u>Overarm throw</u></p>
<p>Children need to develop their skills.</p> <p>Learn how to play different roles.</p>	<p>Secondary school striking and fielding curriculum</p> <p>To develop their technique and improve their performance in other competitive sports</p>	<ul style="list-style-type: none"> · Arm is swung backward in preparation · Opposite arm is raised for balance/direction · Weight transfers from back foot to front foot, with a step with foot opposite to throwing arm. · Definite turning of the body through legs, hips

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Focus on developing technique

and shoulders

Catching

- Body moves directly in path of the ball
- Eyes follow the ball into hands
- Arms "give" on contact to absorb the force of the ball
- Arms adjust to flight of the ball
- Hands grasp ball in well-timed motion

Supporting re sources

Runnig



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Overarm throw



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Catching



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