

# Physical Education Knowledge Organiser

## Year 5 & 6 Net and Wall Games

**National Curriculum links:** to play competitive games, modified where appropriate [for example, badminton and tennis]. To be able to compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Key values and vocabulary	Learning	Breakdown of skills/success criteria
<p><u>Values</u></p> <ul style="list-style-type: none"> <li>· Co-operation</li> <li>· Respect</li> <li>· Ambition</li> </ul> <p><u>Vocabulary</u></p> <ul style="list-style-type: none"> <li>· opponent</li> <li>· direct</li> <li>· target</li> <li>· tactic</li> <li>· consistency</li> <li>· accuracy</li> <li>· control</li> <li>· evaluate</li> </ul>	<p style="text-align: center;"><b>Previous learning</b></p> <p><i>In year 3 and 4, children will master most fundamental skills from KS1 and start to develop sport specific skills and perform them with consistency and accuracy.</i></p> <p><i>These skills will include;</i></p> <ul style="list-style-type: none"> <li>· ready position</li> <li>· underarm throw</li> <li>· overarm throw</li> <li>· holding a racket</li> <li>· striking a ball with a racket</li> </ul> <p style="text-align: center;"><b>Years 5 &amp; 6 Learning</b></p> <p><i>In year 5 and 6, children will continue to develop sport specific skills and perform with consistency, accuracy, confidence and control.</i></p> <p><i>These skills will include;</i></p> <ul style="list-style-type: none"> <li>· throwing a ball</li> <li>· holding a racket correctly</li> <li>· underhand serve (year 6)</li> <li>· forehand stroke</li> <li>· backhand stroke and</li> <li>· volley.</li> </ul>	<p><u>Aim and success criteria of net/wall games for years 5 and 6</u></p> <ul style="list-style-type: none"> <li>· Children will learn to develop the range and quality of their skills when playing games using rackets.</li> <li>· They will also learn specific tactics and skills for net/wall games.</li> <li>· They will spend time developing effective serving techniques and tactics.</li> <li>· The aim is to get the ball to land in the target area and make it difficult for the opponent to return it.</li> </ul> <p><u>Breakdown of skills for net/wall games</u></p> <p><i>Two handed strike</i></p> <ul style="list-style-type: none"> <li>· Body side on and weight on back foot</li> <li>· Eyes focussed on ball throughout</li> <li>· strike</li> <li>· Hips then shoulders rotate forward</li> <li>· Ball strike made on front foot with straight arms</li> <li>· Follow through with bat around body</li> </ul> <p><i>Side gallop</i></p> <ul style="list-style-type: none"> <li>· Rhythmical smooth action</li> <li>· Weight on balls of feet</li> </ul>
<p style="text-align: center;"><b>Key Knowledge</b></p>	<p style="text-align: center;"><b>Future Learning</b></p>	

# Physical Education Knowledge Organiser

*To use tactic effectively i.e. strike the ball with purpose, varying the speed.*

*Strike the ball into spaces they can see.*

## **Secondary school net and wall curriculum**

*To develop their technique and improve their performance in other competitive sports*

*Analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best*

- *Body faces front*
- *Rear leg lands adjacent to or behind front foot*
- *Low vertical lift*

## **Supporting resources**

### **Side gallop**



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### **Two handed strike**



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