

Physical Education Knowledge Organiser

Year 4 Outdoor and Adventurous Activities

National Curriculum links: To take part in outdoor and adventurous activity challenges both individually and within a team

Key values and vocabulary	Learning	Breakdown of skills/success criteria
<p><u>Values</u></p> <ul style="list-style-type: none"> · Resilience · Problem-solving · Teamwork <p><u>Vocabulary</u></p> <ul style="list-style-type: none"> · orientation/orientate · trails · navigate · accuracy · communication · teamwork · responsibility 	<p style="text-align: center;">Previous Learning</p> <p><i>In year 3, children will master most fundamental skills from KS1 and start to develop specific skills and perform them with some accuracy and extension.</i></p> <p><i>These skills will include:</i></p> <ul style="list-style-type: none"> · Orientate a map · Use a control card · Navigate a course safely <p style="text-align: center;">Year 4 Learning</p> <p><i>In year 4, children will master fundamental movement skills and start to develop specific skills performing them with consistency, accuracy and some control.</i></p> <p><i>These skills will include:</i></p> <ul style="list-style-type: none"> · Traveling and balancing safely when carrying out challenges · Demonstrating team work skills during planning, doing and reviewing. 	<p><i>Aim and success criteria for year 4 outdoor and adventurous activities</i></p> <ul style="list-style-type: none"> · Children will be set physical challenges and problems to solve. · They will take part in a range of communication activities to develop problem solving skills in some adventure games. · The problem-solving tasks they tackle, will require more teamwork, with clearly defined roles and responsibilities.
<p style="text-align: center;">Key Knowledge</p>	<p style="text-align: center;">Future Learning</p>	
<p><i>To be able to understand how to complete a series of challenges.</i></p>	<p><i>In year 5, children will continue to develop specific skills and perform with consistency, accuracy, confidence and control.</i></p> <p><i>These skills will include:</i></p> <ul style="list-style-type: none"> · Knowing how to keep the map 'set' or 'orientated' when they move around a simple course. · Know the eight points of a compass · Record information accurately at the control markers. · Navigate to a control marker on a score event course. 	

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