

Physical Education Knowledge Organiser

Year 3 outdoor and adventurous activities

National Curriculum links: To take part in outdoor and adventurous activity challenges both individually and within a team

Key values and vocabulary	Learning	Breakdown of skills/success criteria
<p><u>Values</u></p> <ul style="list-style-type: none"> · Trust · Self-discipline · Communication <p><u>Vocabulary</u></p> <ul style="list-style-type: none"> · orientation/orientate · trails · navigate · accuracy 	<p style="text-align: center;">Previous Learning</p> <p>Focus in year 2 are the Fundamental Movement Skills (FMS).</p> <hr/> <p style="text-align: center;">Year 3 Learning</p> <p>In year 3, children will master most fundamental skills from KS1 and start to develop specific skills and perform them with some accuracy and extension.</p> <p>These skills will include:</p> <ul style="list-style-type: none"> · Orientate a map · Use a control card · Navigate a course safely 	<p><u>Aim and success criteria for year 3 outdoor and adventurous activities</u></p> <ul style="list-style-type: none"> · Children will take part in simple trust and orientation activities using maps and diagrams. · They will be expected to work on their own and in small groups. · Children will learn to use simple maps and follow simple trails.
<p style="text-align: center;">Key knowledge</p>	<p style="text-align: center;">Future Learning</p>	
<p>To orientate a map and complete the Counting Cones Challenge.</p> <p>To know where they are on a map at all times using a variety of different routes.</p>	<p>In year 4, children will master fundamental movement skills and start to develop specific skills performing them with consistency, accuracy and some control.</p> <p>These skills will include:</p> <ul style="list-style-type: none"> · Traveling and balancing safely when carrying out challenges · Demonstrating teamwork skills during planning, doing and reviewing. 	

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