



# SPIRITUALITY IN...

**Emotion**      **Therapy**

**Expression**

**Imagination**

**Innovation**

**Creativity**

**Confidence**



**Inspiration**

**Music**

**Collaboration**

**Awe & Wonder**

**Healing**

Definition of spirituality at Newton Bluecoat CE School:

*“Spirituality is not something we can see; it is something we feel inside ourselves. It is about awe and wonder, asking questions, inspiration and being aware of something ‘bigger’ outside of ourselves. We use the ‘windows, doors and mirrors’ to understand spirituality.”*